Re-Imagining Days

Julie Robinson-Joyce Commissioning Manager

Department of Health & Wellbeing Happy Healthy & at Home



Introductions ... who's in the room?







Strategic Objectives

- Enhance and uphold peoples rights and choices
- Work with people's strengths
- Enhance communities
- Whole system working
- Understand the impact and benefit of what we do



Re-Imagining Days: Vision

- Better understand people's chosen communities and support them to be active participants
- Listen to people and their families and understood that they have a range of skills and contributions to make.
- Listen to people and their families as we have learnt that some people value established services but others are seeking a very different style of support based in their communities
- Work with peoples strengths with support appropriate to their needs that enables them to access and contribute to a wide range of activities and roles
- Develop a diverse range of community options across the district

https://youtu.be/jB_OS7Vy8Qg



Big conversation

- 29% Outdoor Stuff
- 19% Holiday
- 18% Socialising
- 18% Change of Lifestyle
- 15% Work or Job related
- 1% Happy



What makes a good life?

The feedback indicated a clear split between **relationships/connections and physical/material** responses. The spilt is fairly even with only a 5% disparity.

- There are 3 themes which are identified as the most common, these are:
- Family (25%)
- Health (19%)
- Finance / friendships (Joint at 8%)



There were a number of responses that were multiple themed and predominantly these were in the categories **health / wealth / family / happiness.**



Re-Imagining Days: Opportunities

- Friendship & love
- Ordinary things & inclusive things
- New activities/ variety & a wide range of inclusive activities
- Support to overcome challenges
- Holidays & day trips
- Work/volunteering/ training

Brightening Minds



- "Its society that needs to change: society disables us"
- Knowing what's available
- Cafes with space to meet for wheelchair users
- Gyms willing to let people with sensory impairment use equipment
- Taxis and buses
- Lack of confidence



Brightening Minds

Re-Imagining Days: What's important

- Contact with friends and family & feeling loved
- Working and staying working
- Being physically active, eating healthily, taking meds and reducing alcohol intake
- Hobbies, interests and activities
- Building self-esteem and confidence



Healthy Minds

- Financial strain & inability to afford travel costs
- Access to information in usable formats
- Ease of access to support
- Lack of confidence
- Practical issues no passport to leisure



Re-Imagining Days: Exercise

 Does the support you currently provide to people reflect what they have said they want?

What changes do you want to make?



Procurement Options:

- Tender block with lots
- Framework
- Dynamic purchasing system



Pricing Models:

- Fair
- Transparent
- Sustainable
- Flexible



Quality Assurance:

- Person centred
- Co-produced
- Outcome focussed
- Delivered within a positive, open and respectful culture.
- Safe, secure and empowering
- Have visible and proactive leadership
- Have a workforce comprised of considerate, competent, confident and motivated people



- What are your views on the procurement options?
- What is important that we take into account in pricing?
- What is vital to include in a quality assurance model
- Ideas, questions and feedback



