

Bradford Adult Social Care Factsheet

Carers' Service



What is the Carers' Service?

The service provides help and support for unpaid carers to have a life of their own along with their caring role. This is done by helping carers to discover opportunities for social and leisure activities as well as training, work and education.

If you would like more information please visit

<https://www.carersresource.org/>

Is this service for me?

An unpaid carer can be anyone who provides unpaid care or support to family or friends who have a disability, illness (physical and / or mental), or who needs support in later life due to frailty, and cannot manage without this support. Carers can be adults or children of any age who are family (including parent carers) and friends

The service supports unpaid carers of any age who live in or care for someone who lives in the Bradford, Airedale, Wharfedale and Craven areas, and people who undertake caring as part of their paid employment or their voluntary work for an organisation are not able to access this service.

How does the service work?

The service works across the Bradford and Craven districts with locally based staff active across the whole area. The service is supported by GP surgeries

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and a range of health and social care professionals and is active in a range of community venues. Contact Carers' Resource for details of support venues in your area. The service supports carers to lead a life outside their caring role and to take action to relieve the strain of caring.

What is available?

- Quarterly newsletter and regular electronic communications
- Links to other useful resources from the website
- support for isolated carers
- practical carer support
- A review of the carer's wellbeing will identify the support that can be provided
- carer information tailored to individual needs and circumstances
- carers will be told about services for themselves and/or the person they care for
- carers will be shown how to plan for emergencies
- a service that can advocate on behalf of carers, and allow a carer to find ways to access support
- carers will be able to share experiences of caring and access breaks, education, training, leisure and employment
- a carer small grant, which provides small one-off payments to carers to promote their own health and well-being and relieve carer strain
- a way for carers' voices to be heard by local decision makers
- supporting professionals and raising carer awareness

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In addition to the above, Carers' Resource provide support for parent carers through the bespoke Parent Carer project. Specialist key workers are able to support parent carers individually or in groups.

Carers' Resource also provide support to young carers alongside their support for adult carers.

Advice for Carers: Financial Advice and Fact sheets

Helping someone to manage their financial affairs can be challenging, below is a factsheet to make it easier to navigate this process:

<https://www.carersresource.org/wp-content/uploads/2024/05/Helping-someone-to-manage-their-financial-affairs-3.24.pdf>

Information on financial help for carers and/or the people they are looking after, including benefits, household finances and transport is include here:

<https://www.carersresource.org/wp-content/uploads/2023/06/Finding-out-about-financial-help-5.23.pdf>

A range of other fact sheets about finance for the cared for person and carer, parent carers and fact sheets about finance in general can be found here:

<https://www.carersresource.org/carers/information/>

How do I access this service?

You can access the service in person:

Unit 15, Park View Court, St Paul's Road, Shipley, BD18 3DZ

Telephone: 01274 449660

Website: www.carersresource.org/contact/

The service also provides:

- online access at all times
- out-of-hours information for carers to contact emergency assistance, leave messages or use the website

Opening times:

- At the Shipley base, Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4.30pm (excluding bank holidays), late opening one evening a week
- Support at local venues across the District is available at other times, early morning and early evening appointments by arrangement contact Carers' Resource for details
- Where it is not possible for carers to leave the home, home visits will be made by appointment

The Carers' Service is provided for free, however, charges may apply for other services carers are directed to, including those services from a provider. The service will let carers know what charges apply.

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Key Links

<https://www.carersresource.org/>



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