

### **Bradford Adult Social Care – Preparing for Adulthood (Transition - Young people becoming adults)**

The years in which a young person is approaching adulthood should be full of opportunity. Things they may want to achieve such as paid employment, good health and choice and control over their lives need to be taken into account so that any care and support needs are based around what matters to that person.

#### **Preparation for adulthood**

The Preparation for Adulthood (PfA) Team work with young people aged 16-25 with physical or learning disabilities to help them plan support to meet their needs and aspirations.

More information on the PfA Team can be found here:

<https://www.bradford.gov.uk/adult-social-care/living-independently/preparation-for-adulthood/>

**Preparing for adulthood** means preparing for:

- higher education and/or employment – this includes exploring different employment options, such as support for becoming self-employed and help from supported employment agencies.

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- independent living – this means young people having choice, control and freedom over their lives and the support they have, their accommodation and living arrangements, including supported living.
- participating in society, including having friends and supportive relationships, and participating in, and contributing to, the local community
- being as healthy as possible in adult life

From the age of 16, young people can be referred to Adult Social Care if they may have care and support needs into adulthood. If they are not already receiving any formal social care support then they can contact the Independence Advice Hub on 01274 435400 or online here:

<https://www.bradford.gov.uk/adult-social-care/i-want-an-assessment/i-want-an-assessment/> where they can fill in an online referral form.

An assessment can be requested by a young person, their family and carer or by a professional.

If a young person is already receiving support from children's social care then their social worker will work with them and their family to make a referral to Adult Social Care.

### **Having an assessment**

An assessment is a chance for a young person to talk to someone trained in adult social care about what they want to achieve and their care and support needs. This will be done when it is of the most benefit to the young person.

This means that the assessment will be completed at the best time for the young person. This might be different for each individual.

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In all cases, the young person must agree to the assessment where they have mental capacity and are competent to agree. Where a young person or carer lacks mental capacity or is not competent to agree, we would only carry out an assessment if we were satisfied it was in the young person's best interest. We will ensure people are supported to make their own choices and to have as much control as possible. We may recommend an independent advocate.

### **Talking about wellbeing and care needs**

At the assessment we will discuss if the young person is eligible for support from the council. We will give the young person and their parents and carers the information and advice they need. Together we will plan the best way to get the help needed. This may be from local community and voluntary organisations.

If the young person is eligible for support a care and support plan will be written. This will focus on the young person's strengths, their aims and wishes and their care and support needs. The support plan will include everyone's views, and they will have an opportunity to talk about what is important to the family and what the young person wants to achieve. The support plan sets out how Adult Social Care will support the young person to meet their outcomes and will say who is going to provide the help and support.

Any carers are entitled to a Carers Assessment which looks at what support they might need to keep caring for the young person.

We will tell you how much money the young person's care will cost (their personal budget) and how much they may need to pay towards it, see below.

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They can ask for the money as a direct payment, and the young person and their family can arrange the support they need. Direct payments give more choice and control over the support you can get. Or you can ask us to arrange the care for you.

### **Paying for care**

The young person may have to pay towards the cost of their care. People are never expected to pay more than they can afford. We will make sure you know where to get the right advice to explore all of the ways of funding care. We can also help you look into claiming any benefits you might be able to get too. Some young people, usually those with the most complex healthcare needs, may be entitled to NHS Continuing Healthcare Funding. Your social worker can tell you more and help you to work out if you might be eligible for NHS Continuing Healthcare.

For more information on paying towards the cost of care see here:

<https://www.bradford.gov.uk/adult-social-care/paying-for-support/paying-for-support/>

### **What if a young person wants to be able to live independently as an adult?**

We will talk to you about different types of housing so you can decide the best option for you. We will also talk to you about the costs involved and what you may need to pay. Different types of housing options may be available, including flats, supported living and residential care. We can talk to you about the types of housing available in your area.

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More information on housing options and living independently can be found here: <https://www.bradford.gov.uk/adult-social-care/living-independently/living-independently/>

### **More information**

Bradford Local Offer:

<https://localoffer.bradford.gov.uk/kb5/bradford/directory/home.page>

One minute guide to preparation for adulthood:

<https://localoffer.bradford.gov.uk/kb5/bradford/directory/service.page?id=pn-F8vPROBc&localofferchannel=0>

NDTI Preparing for Adulthood website:

<https://www.ndti.org.uk/resources/preparing-for-adulthood-all-tools-resources>

Contact website: <https://contact.org.uk/>

Preparation for Adulthood Team Welcome Pack:

<https://www.bradford.gov.uk/documents/ascfactsheets/preparation-for-adulthood-welcome-pack.pdf>

### **Key Links**

<https://www.bradford.gov.uk/adult-social-care/living-independently/preparation-for-adulthood/>



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<https://www.bradford.gov.uk/adult-social-care/i-want-an-assessment/i-want-an-assessment/>



<https://www.bradford.gov.uk/adult-social-care/paying-for-support/paying-for-support/>



<https://www.bradford.gov.uk/adult-social-care/living-independently/living-independently/>



<https://localoffer.bradford.gov.uk/kb5/bradford/directory/home.page>



<https://localoffer.bradford.gov.uk/kb5/bradford/directory/service.page?id=pn-F8vPROBc&localofferchannel=0>



<https://www.ndti.org.uk/resources/preparing-for-adulthood-all-tools-resources>



<https://contact.org.uk/>



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<https://www.bradford.gov.uk/documents/ascfactsheets/preparation-for-adulthood-welcome-pack.pdf>

