

# Bradford Adult Social Care Factsheet

## Housing for Young People



### **Bradford Adult Social Care – Housing for Young People Becoming Adults**

Most young people live with their family until they begin the journey to independent living. Some young people want to live with friends; others may want to live alone (with support if needed).

Young people with social care needs may start thinking about living independently as they get older. It is very important that they have choice and control where possible when making decisions about their lives. As part of preparing for adulthood, discussions about housing and what options are available to young people should be had as part of support planning and reviews as soon as possible.

Bradford Council's Housing Options Service is a good place to start any housing enquiries, they offer:

- Support with owning or renting your home
- Assistive equipment and/or technology
- Supported Living
- Residential settings

More information about Housing Options can be found here:

<https://www.bradford.gov.uk/housing/help-with-housing-and-homelessness/the-housing-options-service/>

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#### **Young people with care and support needs**

If you are coming up to 18 and need support to stay independent, you can ask for an assessment from Adult Social Care. If you qualify for support we will talk with you about what you want to achieve and how we can support you to get the most out of your life. You can involve a friend or family member. We can also talk to them about any support they may need if they care for you.

For more information or to request an adult social care assessment, contact the Independence Advice Hub on 01274 435400 or online here:

<https://www.bradford.gov.uk/adult-social-care/i-want-an-assessment/i-want-an-assessment/> where you can fill in an online referral form.

#### **Housing**

We will talk with you about different types of housing so you can decide the best option for you. We will also talk with you about the costs involved and what you may need to pay. We can help you find out about any benefits you may be able to get which can help with the cost of housing.

Different types of housing options may be available, including flats, supported living and residential care. We can talk to you about the types of housing available in your area. More information on housing options and living independently can be found here: <https://www.bradford.gov.uk/adult-social-care/living-independently/living-independently/>

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#### **Housing related support**

Housing related support services offers adults with learning disabilities or adults that need care and support the chance to practice and learn to live independently, with the right level of care and support on hand. This could be someone that visits you or someone that lives in the same place. It could be a shared house or your own flat. Contact Adult Social Care or your social worker to talk to us about the range of choices.

#### **Residential accommodation**

Residential care homes provide personal care and support for people who are not able to manage in their own homes. Nursing care homes look after people who need constant nursing care. As well as full-time residential care, care and nursing homes can also provide short-term respite breaks to allow a person with a disability or long-term illness the chance to have a break. This also allows their carers have a break.

#### **Shared lives**

Shared Lives offer short breaks and full-time placements in the home of approved carers in the community for adults with learning disabilities and adults with mental ill health. Short breaks can be anything from an overnight stay to a weekend or a couple of weeks, depending on the needs of the person and their permanent carers.

Full time placements occur when the person moves in on a permanent basis with a Shared Lives carer or family. For more information on Shared Lives see here: <https://www.bradford.gov.uk/adult-social-care/living-independently/shared-lives/>

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#### **Accommodation and Support for Care Leavers**

Accommodation and support options which may be open to young people leaving care at age 18 will include:

- Enabling young people to remain living with former foster carers through conversion of these placements to Staying Put arrangements.
- Other supported lodgings placements.
- Other transitional accommodation with varying degrees of support such as trainer flats or supported accommodation with onsite support.
- Specialist accommodation for young people with particular support needs (e.g. disabled young people, young parents).
- Self-contained accommodation with housing related support.
- Independent tenancies.

More information can be found here: <https://www.bradford.gov.uk/youth-info/housing-help/young-people-in-or-leaving-care/>

#### **The next steps**

It is important to visit different types of accommodation before making a decision. You can look at the Housing Options page on our website to find links to homecare organisations and residential care and information on how we monitor standards. If you are eligible for support from Adult Social Care your social worker or support worker can help you.

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### **More information**

Further information can be found here

Bradford Adult Social Care housing options:

<https://www.bradford.gov.uk/adult-social-care/living-independently/housing-options/>

### **Bradford Local Offer**

Bradford Local Offer housing page:

<https://localoffer.bradford.gov.uk/kb5/bradford/directory/home.page>

NDTI Housing Top Tips leaflet: <https://www.ndti.org.uk/resources/change-development-project/housing-top-tips>

### **Key Links**

<https://www.bradford.gov.uk/housing/help-with-housing-and-homelessness/the-housing-options-service/>



<https://www.bradford.gov.uk/adult-social-care/i-want-an-assessment/i-want-an-assessment/>



<https://www.bradford.gov.uk/adult-social-care/living-independently/living-independently/>



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<https://www.bradford.gov.uk/adult-social-care/living-independently/shared-lives/>



<https://www.bradford.gov.uk/youth-info/housing-help/young-people-in-or-leaving-care/>



<https://www.bradford.gov.uk/adult-social-care/living-independently/housing-options/>



<https://localoffer.bradford.gov.uk/kb5/bradford/directory/home.page>



<https://www.ndti.org.uk/resources/change-development-project/housing-top-tips>

