

Time Out Services

Time Out Services

Time Out is a carer relief service for people aged 18 years + who have had an assessed need.

The Time Out Service Provides

- One to one support.
- A break and respite to unpaid carers.
- Early Help and Prevention.
- Support a person with indoor and outdoor activities.
- Support people with dementia, mental ill health, learning disabilities, physical disabilities, complex health conditions, neurodiverse conditions and end of life care.
- Long term support.
- Support with some personal care tasks.
- Support with some nutritional needs.
- Reminding of medication times (although we cannot prompt/administer).
- Support with minimum moving and handling.

Time Out covers areas throughout the whole of the Bradford district.

The service is available seven days a week.

Our workers have experience in personal, professional and voluntary settings. They are DBS checked and receive on-going training and support from the management team. The service is CQC registered and is currently rated GOOD.

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Time Out workers visit people in their own homes.

The support plans are person centred and tailored to recognise the needs and interests of the individual. Service users are appropriately matched with workers in areas such as language, faith, hobbies and interests. Service users are encouraged to maintain and improve life skills where this is appropriate.

The individual must have a carer involved for a Time Out service referral to be made and where carer's strain has been identified.

Time Out service is not a two person / double up support service.

Costs

The maximum cost of the service is £13.15 per hour which comes under the council's charging policy.

Referral Process to Time Out

Referrals to Time Out are made by area social work teams and home support reviewing teams via SystmOne (a minimum of 2 hours support must have been identified).

- Referrers must have completed a CLS/Social Work Assessment.
- A Time Out referral Questionnaire form to be completed which can be found in S1 under *Questionnaires – New Questionnaire - Referrals – Referral for Time Out Service Questionnaire*.
- The referral must include as much information as possible including relevant health information, carer's details, approximate hours that need to be provided by Time Out.

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- A service line (non-time tabled) to be put on S1 and authorised by the area team manager.
- A referral must be made to the Specialist Financial Team for a financial assessment or a current A11 must be in place.

***Please note: all the above must have been actioned prior to a referral being made to the Time Out service**

- A workflow to be sent to the Time Out Team via SystemOne

Some of the people who already benefit from Time Out

Mr H has a Learning disability and Epilepsy and needs constant supervision. Colin (Time Out worker) supports Mr H with Arts and Craft activities whilst Mr H's parents have a chance to spend a few quality hours together.

V lives with her husband who is also her main carer who is also struggling with things. V has Adolescent Huntington's. She has difficulty communicating. Shazia visits a few times a week to support V with telephone calls, making appointments and updating the calendar. They both have a common interest in sports and have a good laugh and chit chat together. This also enables V's husband to have a much-needed break, thus enabling him to continue caring for V and keeping them at home together for longer.

Contact number for general enquiries

Time Out Admin General enquiries - 01274 437934

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If you need any further information, please contact any of the following:

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