

Do you want to stay in your own home?



How can we help you?

The Support Options team is responsible for finding the right support for people who want to live independently in their own home.

Support can be from either Bradford Council or an external provider.



The type of support we can help organise may include:

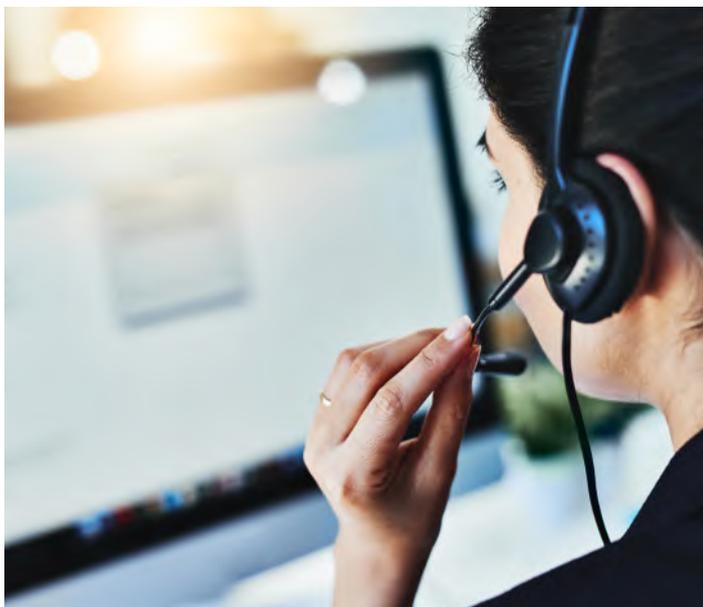
- [Home care](#) support (domiciliary care)
- [Community meals](#) – meals on wheels. This can be both hot and frozen meals
- Leisure and lifestyle support as part of an assessed support plan
- [Direct payment](#) services – so you can direct your own support by buying the assistance or service that you need.



Who is it for?



- Older people
- People with mental health problems
- People with learning difficulties
- People with physical disabilities
- People with sensory loss. This includes difficulty with sight and hearing



How do I access the services?

You can refer yourself by contacting the Support Options team.



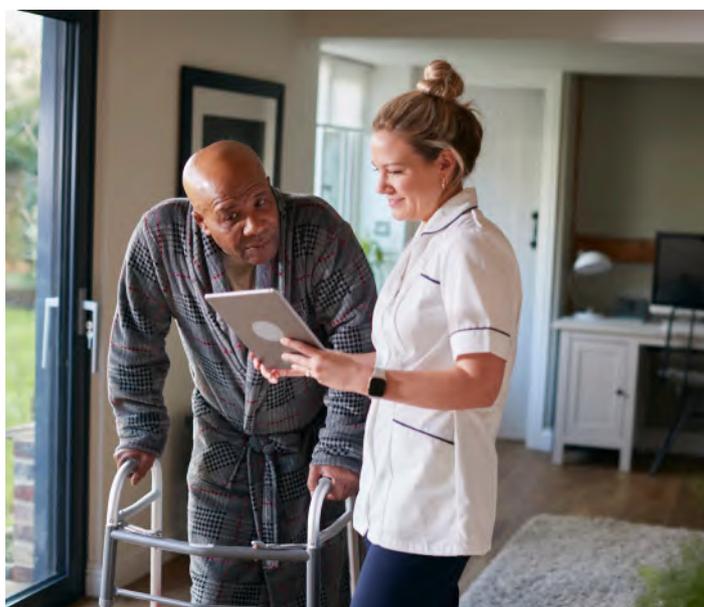
Community Meals (Meals on Wheels)

You can find out more about community meals by visiting this link <https://www.bradford.gov.uk/adult-social-care/living-independently/community-meals/>

Domiciliary care, leisure/lifestyle and direct payments

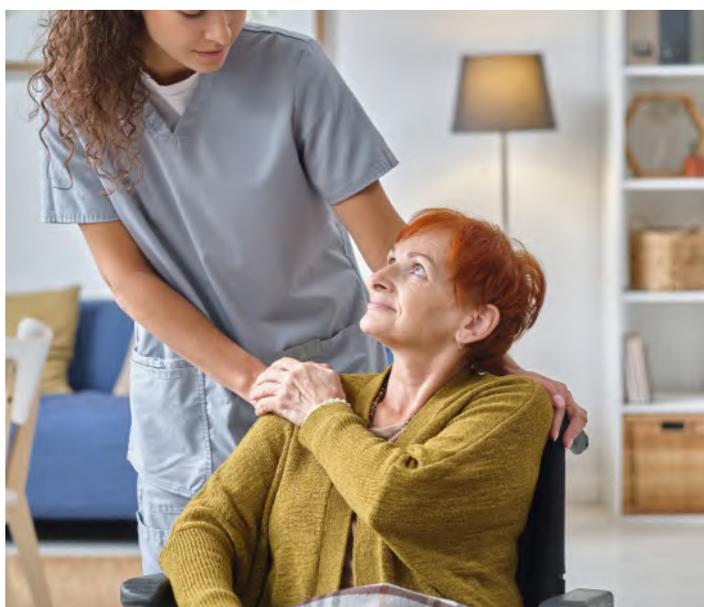


You will need to have an [assessment](#) before you can use these services. The assessment will find out what your care needs are and what support you need.



The assessment is normally carried out by:

- The Department for Adult and Community Services



- Services for Children, Young People and Families
- Health Care Services

What happens when the assessment has been carried out?



Once your assessment has been agreed it will be sent to the Support Options team. They will make sure the most appropriate support providers are commissioned to meet your needs in your support plan.



You can also choose to buy your own community care services.



Once your personal budget has been worked out via your assessment, the Support Options Team will be able to direct you to provider organisations.



They will deliver the type of service you need or help you to employ your own personal assistant.



Other schemes and activities

If you require access to a service which is currently not an accredited provider with Bradford Council, the team will look into getting this sorted for you.



Accredited means it has been approved and accepted by the council.

There are a wide range of organisations throughout the Bradford District who will be able to help with your needs.



Is there a charge?

There is no standard charge. The cost of the service will depend on the type of services that you need.



Can I get help with the cost?

How much you will pay will be worked out following a financial assessment.