

# Carer breaks - Holibreak and the Alternatives to Respite Service



## What is the Alternatives to Respite Service?

This service is provided by Equality Together. It gives you the chance to take a break and take part in activities instead of being placed in a care home for the day.



The service is for people with social care needs, unpaid carers and the people they support. It helps to keep independence and social networks.

A screenshot of the Holibreak+ website. The header includes a navigation menu with 'Home', 'Our History', 'Support Us', 'Services We Provide', 'Latest News', and 'Contact Us'. A prominent red 'DONATE' button is visible. The main content area features the text: 'Are you a carer or a disabled person? Would you like the choice of a variety of day trips, accessible holidays, and activities? Equality Together is excited to announce our fantastic new venture, HoliBreak+. Visit our website <https://holibreakplus.org.uk/> to view all the destinations in the UK and abroad that cater for people with disabilities. Many people aren't aware that they are able to use their respite money for a holiday as an alternative to staying in a care home. Whether you enjoy a leisurely long weekend on a canal barge, a sun-filled holiday of relaxation, or an action-packed skiing adventure, this venture will have something for you. HoliBreak+ offers the choice to take the break you want with the accessibility you need. It's not just holidays we offer. We've also got activities and day trips, there really is something for everyone.' The Holibreak+ logo is also present.

If you would like more information, please see the [Holibreak+ page of the Equality Together website.](#)



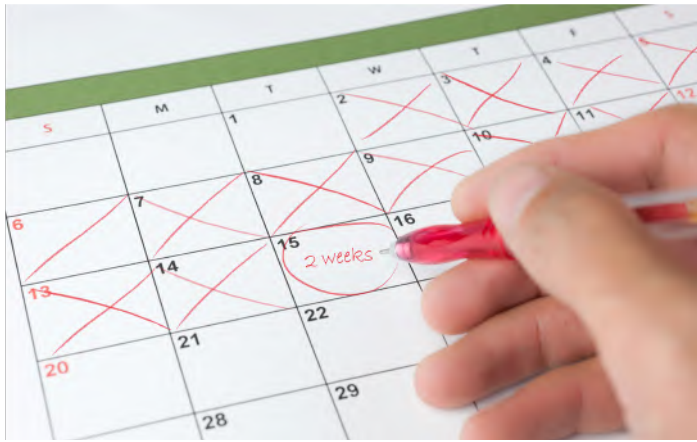
## How does the service work?

The service is available across the Bradford district. You can speak to someone 6 days a week including one late evening every week.



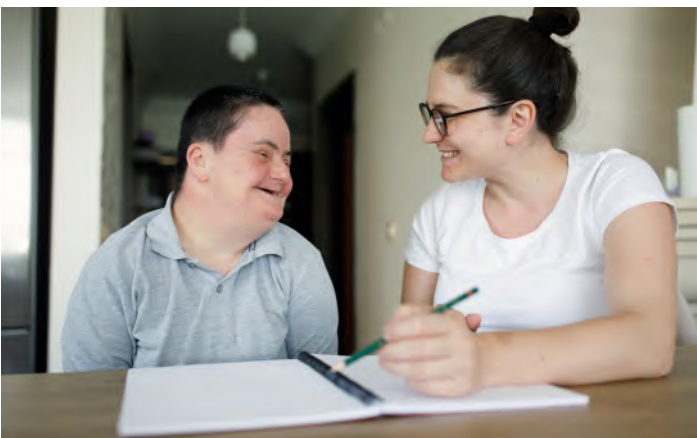
## What is available?

- Support that lets the carer and the person they are caring for to take breaks together or separately
- short breaks and activities that last less than a day, longer breaks of one or two days and breaks of a week or more



## Who is it for?

- For carers and the people they support aged 18 and over that have additional needs, this could be because of age or disability



- for people with social care needs using their own budget to find holiday or break chances
- for people and their carers who can pay themselves to plan for holidays.

## How do I access this service?



You can access the service in person at:

Manningham Mills Community Centre  
Lilycroft Road  
Bradford  
BD9 5BD



Telephone:  
01274 594173 (Option 6)

Website:  
[equalitytogether.org.uk/get-support/holibreak/](http://equalitytogether.org.uk/get-support/holibreak/)



The service also provides:

- Outreach sessions at the Central Hall, Keighley and (pending) at the Thornbury Centre, Bradford
- Late opening hours on Thursday each week and access to support each Saturday morning



### Opening Times

Monday/Tuesday: 9.30am to 4.30pm  
Wednesday: 12pm to 7pm  
Thursday: 9.30am to 4.30pm  
Friday/Saturday: 9.30am to 1pm

Please note the service is not open on Bank Holidays.