

# Christine



Christine is a carer for her husband Kevin, but never seemed to get time for herself anymore...

Christine was introduced to personal budgets and now every Tuesday Christine has an afternoon to herself which she uses to go swimming. Kevin also has a personal assistant and they go bowling together. Kevin is enjoying the time with his new PA and Christine feels she has some of her independence back. The best part is the chat's they enjoy about what they have done with their time apart.

**your life your choice**



Adult social care in Bradford is changing. If you need help and support, and are eligible to receive it, you will now get access to services at a time and place that suits you, with more choice and control over the service you receive.

For more information about adult social care in Bradford:

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