

Jamie's

MINISTRY OF FOOD

B R A D F O R D

Learn how to cook quick,
simple, healthy and cost
effective meals.

Then pass it on and teach
others how to make them too!

We want to inspire you to get into the kitchen and
cook good meals for yourself and your family. With
some basic skills under your belt and a handful of
recipes you'll be able to prepare nutritious meals on
any budget.



Our sessions run for 1 hour a
week over a ten week period.
For Just **£4 per session**
you can learn to prepare a
healthy and tasty dish.

Just give us a call on

01274 435279

and get yourself booked on the course!

Check out our website:

www.bradford.gov.uk/ministry_of_food

Call in and see us: 29 John Street, Bradford, BD1 3JS



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