

# John



John moved from a care home into independent living but still struggled with going out into the community....

John uses his personal budget on activities such as going bowling and to the cinema to improve his skills in independent living. By using his personal budget in this way John feels much more confident in the community and is now looking for a part time job.

**your life your choice**



Adult social care in Bradford is changing. If you need help and support, and are eligible to receive it, you will now get access to services at a time and place that suits you, with more choice and control over the service you receive.

For more information about adult social care in Bradford:

**Call 01274 435400** or  
**e-mail [adultservicesdirect@bradford.gov.uk](mailto:adultservicesdirect@bradford.gov.uk)**  
**[www.bradford.gov.uk/adultcare](http://www.bradford.gov.uk/adultcare)**

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