

Get connected!

Directory of groups, activities and services
for those in later life in BD22 and around...



Find Get Connected online at :
<https://www.bradford.gov.uk/your-community/your-neighbourhood/keighley>

Get connected!

is published by the BD22 Mutual Support Network, a group made up of organisations working to improve the quality of life of older people in the area.

We wanted to make sure people have information about places close to home where they can go to socialise and see a friendly face or get help, support and advice.

There's lots going on Keighley town centre too – for more info contact Central Hall on 01535 665258 and Keighley Healthy Living on 01535 677177

For more information about the network or about this directory please contact:

Carol Peltier,
Development Manager
Bradford and District Older People's Alliance (BOPA)
c/o Age UK Bradford & District
13-17 Sunbridge Road
BRADFORD
BD1 2AY

01274 395144
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Or

Liz Parker
Keighley West and Worth Valley ward officer
Keighley Area Co-ordinator's Office,
c/o Keighley Town Hall
Bow Street,
Keighley,
BD21 3PA
01535 618008
liz.parker@bradford.gov.uk

What do you think of Get Connected ?

Any comments or feedback appreciated so we can improve future publications
- please send to Liz or Carol,
contact info above.



All Areas

Group	Activity	Times	Address
<p>Silverlinks Social Day Groups</p> <p>Contact Maureen Basierak or Lesley Barnes 01535 609506</p> <p>Maureen@keighleyvc.co.uk or lesley@keighleyvc.co.uk</p>	<p>Day Centre. serving Keighley, Haworth, Oxenhope and Cross Roads. £5 - hot two course meal, £8 - meal and transport, booking essential.</p>	<p>Tues, Wed & Thurs</p> <p>10:30am - 2:30pm</p>	<p>The Temple Row Centre 23 Temple Row BD21 2AH</p>
<p>Dementia Friendly Keighley The Brown Cow Social</p> <p>Contact Sandra 07452773788 info@dementiafriendlykeighley.org.uk</p>	<p>Get together for people with dementia and their carers in a more social, informal environment, in particular, younger people with dementia e.g. under 65</p>	<p>Thursday 6.30–8.30pm</p>	<p>Brown Cow West Lane Keighley</p>
<p>Information Centre Dementia Friendly Keighley</p> <p>Contact Sandra 07452773788 info@dementiafriendlykeighley.org.uk</p>	<p>Information, support and advice on all dementia related issues.</p>	<p>Monday 1- 4pm Wednesday 10am - 4pm Friday 10am - 1pm</p>	<p>29 Brunswick Arcade, Airedale shopping Centre, Keighley. (opposite public toilets)</p>
<p>Keighley Memory Club</p> <p>For people with dementia and their carers</p> <p>Contact Elizabeth Milwain 01274 583364 Elizabeth@thememorytree.org.uk</p>	<p>Time together– refreshments and social activities Time apart– separate memory support and carer support groups</p>	<p>2nd and 4th Friday each month, 1.45–3.30pm</p>	<p>Keighley Shared Church Hall Market St Keighley BD21 5AD</p>
<p>The Singing Teapot</p> <p>Social and singing group for people with dementia and their carers</p> <p>Contact Maggie Marsden 07971 527525</p>	<p>Chat, refreshments and singing</p>	<p>1st Friday of the month 1.30–3pm</p>	<p>Keighley Healthy Living Centre 13 Scott St Keighley BD21 2JH</p>
<p>Exercise Class</p> <p>for people living with dementia and their carers</p> <p>Contact Maggie on 07971 527525 info@dementiafriendlykeighley.org.uk</p>	<p>45 minutes of chair based exercise followed by a light lunch</p>	<p>Monday 11.15–12.30pm</p>	<p>Central Hall Alice St Keighley BD21 3JD</p>

Group	Activity	Times	Address
Keighley Table Tennis Centre Contact Info@keighleytabletennis.co.uk 01535 872029	For Over 50s—all abilities welcome £4 per session For those living with dementia £5 per session	Daily sessions—contact club for more info Tuesdays 12.30–2pm Please ring first to check	2 nd Floor Keighley Business Centre South St Keighley BD21 1SY

Bracken Bank

Group	Activity	Times	Address
Alleycats Line Dancing–50+ Contact Cilla Drennan, 07515 059031	Line Dancing Cost £3 Inc raffle and refreshments	Weds 1.30pm–3.30pm	Sue Belcher Centre Bracken Bank Ave BD22 7AE
Craft Tea Corner Contact David Weston 07890 927090	Craft group	Thurs 9.30pm–11.30pm	
Zumba for over 50s Contact: Cilla Drennan, 07515 059031	Zumba Cost £3.50	Mon 1.00pm–2.00pm	

Braithwaite

Group	Activity	Times	Address
Time Out Coffee Stop Share some quality time with your friends ! Contact Pamela Roberts 07757 644387	Friendship Group - Bingo, quiz, food, drinks £1 entry fee	Thurs 1pm	Foster Gardens Broster Avenue Braithwaite Keighley BD22 6JE

Group	Activity	Times	Address
Braithwaite Village Crafters Contact Christine Bank 01274 772451	Take your own craft work or just join in a friendly natter £2.50 including refreshments	1st and 3rd Tuesday of the month 10am -12.00pm	Braithwaite New Church Braithwaite Village Keighley BD22 6PY

Cross Roads with Lees

Weekly

Group	Activity	Times	Address
Craft And Chat Group Contact Anne Arana 01535 645633 a.arana229@btinternet.com	Crafting and socialising group. Attendees bring along whatever they are working on and share ideas and resources. £1 per session which includes refreshments.	Monday 1.00pm-3.00pm	Lees Methodist Church Haworth Road Lees Cross Roads BD22 9DL (Directly opposite Lees Primary School).
Drop in coffee morning Contact Felicity Richardson 01535 646368	Social drop in, coffee and biscuits	Monday 10 am–12 noon	St James Church Hall Haworth Road Cross Roads BD22 9EF
French and Spanish conversation A good place to maintain and even improve speaking and listening skills with no written work or assessments. All abilities welcome ! Contact 01535 646368	7 - 8.15pm. Spanish Conversation 8.15 - 8.30pm Tea/coffee 8.30 - 9.45pm French Conversation. £10, payable every five sessions	Thursday evenings, term time	St James Church Hall, Haworth Road Cross Roads BD22 9EF
Art Group Contact Kim Adams 01535 642641 07966 169505	Art using a variety of mediums and experimentation, guided sessions	Mondays 7.00–9.00 p.m. £10 Annual fee and £5 per class (Ring to check over summer, restarts September)	Lees Methodist Church, Haworth Road Lees Cross Roads BD22 9DL
Keep Fit Group Contact Judith Baren 01535 643100	Gentle exercise for older ladies. £1.50 per session.	Wednesday 8.00–9.00 p.m.	Lees Methodist Church, Haworth Road Lees, Cross Roads, BD22 9DL

Monthly

Group	Activity	Times	Address
Cross Roads and Lees Church and Chapel Ladies Group	Various activities including beetle drive Admission £1	First Tuesday of the month, 7.30pm	St James Church Hall, Haworth Road Cross Roads BD22 9EF
Lees Methodist Church monthly coffee morning and library Contact Maurice Baren 01535 643100	Coffee morning, library	First Saturday of the month, 10–11.30 am	Lees Methodist Church Haworth Road Lees Cross Roads BD22 9DL

Exley Head

Group	Activity	Times	Address
Line Dancing Contact: Pat 01535 600645	Line Dance for all abilities	Thursday Beginners 5.30–6.30 £1.50 Beginners \ intermediate 6.30–7.30 - £1.50 Intermediate \ advanced 7.30–9.30 - £3	Exley Head Methodist Church, Wheathead Lane Keighley BD22 6NL
Rest A While drop in coffee morning Contact Kathleen Hagyard 01535 663621	Coffee, chat and bookswap	Wednesdays 10.30 am–12 noon. (Closed during August)	
Craft for beginners Contact Lesley on 07814 608797		Wednesdays 7–9pm	

Fell Lane

Group	Activity	Times	Address
Coffee morning at Trinity Church Contact Janet Morgan 01535 665844	Coffee morning	Fri 10.30 am–12.00pm	Trinity Church Hive Street Keighley BD22 6AA
Meeting Point at Trinity Church Contact Janet Morgan 01535 665844	Informal get-together usually with a talk and chat over tea and biscuits	First Monday of the month, 2–3.30pm	

Group	Activity	Times	Address
Queen Elizabeth Court hosts a range of regular activities to which non residents are very welcome! Contact Pamela 01535 681654 Pamela.hudson@anchor.org.uk	Bingo Tea and Toast Cost–50p Hairdresser–just turn up for an appointment Coffee morning Lunch Club	Monday 2pm - from main entrance, go into garden and follow path to lounge door Tuesday 9.30 am Wednesday from 9.30 am 9.45 - noon 12.30pm –booking essential, phone Pamela to order	Fell Lane Oakworth Road Keighley BD21 1SB

Haworth

Weekly

Group	Activity	Times	Address
Food for the Soul drop in for coffee and chat, homemade soup and cake, community library and short church service in the chapel or stay in the hall. Geoff and Shona Grange 01535 647675 Welcome.project@btinternet.com	Help with computers, ipads and gadgets, bring your own or have a go on ours if you wish.	Wednesdays 10–2pm	West Lane Methodist Church Haworth BD22 8EL
Haworth Senior Citizens Contact: Doreen Robinson 01535 648928 doreen.robinson953@btinternet.com	Friendship Group with activities, speakers and outings. Tea and Coffee.	Wednesday 2.00pm -3.30pm	West Lane Methodist Church Haworth BD22 8EL
Hall Green Baptist Church coffee morning Contact Gill 01535 646344	Coffee morning	Thursdays 10–12 noon	Hall Green Baptist Church 3 Sun St Haworth Keighley BD22 8BY

Group	Activity	Times	Address
Over 50s exercise class Contact Jill 07498 298303	Gentle, varied and fun exercise, some seated some standing—wear comfy clothes and shoes.	Fridays 10–10.45	West Lane Baptist Centre Haworth BD22 8EN
Dancing at Parkside Social Club Geoff Grange 01535 647675 Welcome.project@btinternet.com	Sequence dancing and prize raffle Cost £3	Wednesdays 8–10.30pm	Parkside Social Club Butt Lane Haworth BD22 8QJ
Line Dancing social Contact Pat 01535 600645	Line dancing social and raffle, with bar	Friday 7.30–10.30pm	Parkside Social Club Butt Lane Haworth BD22 8QJ
Social at Parkside Social Club Geoff Grange 01535 647675 Welcome.project@btinternet.com	Sequence dancing, bingo Cost £3	Sundays 8–10.30pm	Parkside Social Club Butt Lane Haworth BD22 8QJ
Stanbury and district Women's Institute	Talk and competition	Second Monday of the month 7.30pm	West Lane Baptist Centre, Haworth BD22 8EN

Monthly

Group	Activity	Times	Address
Drop in three course lunch Contact 07749 108105	Lunch £5 for three courses including tea\coffee (or can pay for one or two courses only)	Fourth Monday of the month 12 for 12.30pm	West Lane Baptist Centre, Haworth BD22 8EN
Film Cafe Contact Chris Upton 07976 287117	Free showing of a classic film on the big screen at Haworth Cinema followed by coffee and cakes	2nd Monday of every month: 1pm start	
Haworth Cinema Haworthcinema.org.uk Facebook: Haworth Cinema	Recent releases on big screen £4 adults £2 children	7.30pm usually on 2 nd and 4 th Fridays—check on website	

Group	Activity	Times	Address
Wellbeing Cafe (alternates between Haworth and Oxenhope) Please make contact before attending to check venue Geoff Grange 01535 647675 Welcome.project@btinternet.com	Wellbeing Café—support for people living with mild to moderate mental health issues and their carers Cost £2 for refreshments and entertainment	Third Friday of the month 1:30–3:30pm	Haworth Methodist Church and Oxenhope Community Centre (alternate months)

Ingrow

Group	Activity	Times	Address
Adult volunteering Scouts, Guides, Cubs, Beavers Contact Kay Bolton 0777 5780183 kaybolton@hotmail.co.uk	Help run activities for children and young people	Various	Ingrow Scout & Guide HQ Ingrow Lane Keighley AND other areas—contact Kay
The Trefoil Guild Contact Kay Bolton 0777 5780183 kaybolton@hotmail.co.uk	Get together for ex guides and leaders—cuppa and chat, speakers, craft and trips	Last Monday of the month. 2pm	Ingrow Scout & Guide HQ Ingrow Lane Keighley
Line dancing Contact Pat 01535 600645	Line dancing £2.50	Tuesday 1.30–3.30pm 7.30–9.30pm	Ingrow Scout & Guide HQ Ingrow Lane Keighley

Laycock

Group	Activity	Times	Address
Ballroom and Sequence Dancing evening Contact 01535 958069	Dancing Group Cost £2	Second Tuesdays 7:30-10pm	Laycock Village Hall Laycock Lane Keighley BD22 0PH
Coffee Morning and Book Swaps Contact 07983 275531 (Village Hall) anne_medley@talktalk.net	Coffee Morning	First and Third Wednesday of the month 10.30 am–12 noon	
Singing for Pleasure Contact 01535 661691	Singing group Refreshments £1.00	Fridays at 7:30pm N.B.Venue changes to Braithwaite New Church if necessary	
Art Group Contact Christine 01535 681026	Art group Refreshments £1.00	Thursdays 10-12am	
Women's Institute Contact Karen Elliott 07500 700194 kelliott31@hotmail.co.uk	Speakers, crafts, jam-making and much more.	Third Thursday of the month at 7:30pm	
Yoga Class Contact Barbara 01535 665910	Yoga class	Tuesdays from 11am to 12:15pm	

Oakworth

Group	Activity	Times	Address
Oakworth Senior Citizens Luncheon Club Contact 01535 643771 office@oakworthmethodists.org	Lunch Club	Tuesdays from 12.15pm	Oakworth Methodist Church Lidget Keighley BD22 7HN
Oakworth Young at Heart Contact Frances 01535 643628	Cuppa, chat and bingo	1–3pm Thursdays	Holden Hall Colne Rd Oakworth BD22 7PB
Friends of Holden Park gardening group Contact Julie 07950 890307	Tidying, planning and digging to make the most of this unique park	2–4pm Tuesday	Holden Park gates by bowling club Colne Rd Oakworth

Group	Activity	Times	Address
Christ Church coffee morning Contact John Rogers 01274 408354	Coffee morning drop in	Wednesdays from 10 am	Christ Church Colne Rd Oakworth
Holden Art Club Contact Roy Aston 01535 642868	Beginners welcome, demonstrations and visiting teachers Cost £2	Monthly on the first Thursday. 7:30–9pm	Christ Church Colne Rd Oakworth
Oakworth Village Society Contact Janet Armstrong 01535 642625	Interest in care for the community and village life	First Tuesdays January April June September and November with AGM in March	Holden Hall Chapel Lane Colne Road BD22 7HY

Oxenhope

Group	Activity	Times	Address
Bay Horse Pensioners Contact Steve or Annie 01535 642921	Social activities, “Play your Cards Right” tea, coffee, biscuits, games, Ukele group - £2 per head.	Tuesday 1–3pm	The Bay Horse Upper Town Hebden Bridge Rd, Oxenhope BD22 9LN
Oxnop Singers Contact Jack Smith 01535 604779	Choir open to any one, no need to be able read music. Popular songs, shows, wide variety of music. £1 a week	Monday 8–9.30pm	Oxenhope Community Centre Hebden Bridge Road, BD22 9LH
Yoga Contact Shelly 07957 488639	Gentle yoga	Thursdays 2–3pm	

Monthly

Group	Activity	Times	Address
Wellbeing Cafe (alternates between Haworth and Oxenhope) Please make contact before attending to check venue Geoff Grange 01535 647675 Welcome.project@btinternet.com	Wellbeing Café—support for people living with mild to moderate mental health issues and their carers Cost £2 for refreshments and entertainment	Third Friday of the month 1:30-3:30pm	Haworth Methodist Church and Oxenhope Community Centre (alternate months)

Group	Activity	Times	Address
Yorkshire Country Women Worth Valley branch Contact Celia Holmes 01535 643472	Speakers, refreshments, summer outing, Christmas meal Annual subs £15. visitors £3 per session	First Thursday of each month, 7.30pm	Oxenhope Community Centre Hebden Bridge Road BD22 9LH
Oxenhope Gardening Club Contact Jenny Hakney 01535 610599 www.oxenhopegardeningclub.co.uk	Talks, demonstrations and refreshments, Sep–Nov, Jan–May, then plant sales, garden visits etc over summer	Third Thursday of the month at 7.30pm	Oxenhope Community Centre Hebden Bridge Road BD22 9LH
Antique and Collectors Society Contact: Jean Dunn 01535 643638	Antiques Group Guests - £3 Membership - £20 for the year	4th Thursday of month (except Dec) 8pm	Oxenhope Community Centre Hebden Bridge Road BD22 9LH

Stanbury

Group	Activity	Times	Address
Stanbury Residents Group Contact: Joyce Spencer 01535 643419 keithdigibrom@yahoo.com	Residents' Group	Thursdays 2.00pm-4.00pm	St. Gabriel's Church Main Street Stanbury BD22 0HA

Carelink Befriending Scheme

Carelink Befriending Scheme caters for older people over the age of 65 in the Keighley area who live alone and would like a regular visitor. Older people are matched up with a trained volunteer befriender who visits for an hour or so each week to provide companionship and conversation.

All volunteers are DBS checked, this free service is run by Keighley & District Volunteer Centre.

Contact: Maureen Basierak
Tel: 01535 609506
Email: Maureen@keighleyvc.co.uk

Keighley & District Volunteer Centre
8-10 North Street
Keighley
BD21 3SE

Carers' Resource

Carers Resource offers free independent information, advice and support for carers, to those in need of care and professionals who work with carers.

A carer is anyone who cares, unpaid, for a friend or family member who due to physical, frailty, mental illness or addiction cannot cope without their support.

For further information, please contact 01274 449660 or www.carersresource.org

Helping Hands

Helping Hands is a friendly and reliable handy person service for older people in Keighley district. Provides help with minor household repairs and adaptations at very low cost. There is no charge for labour - you only pay for materials used. Example of jobs: fitting grab rails & key safes; changing plugs & light bulbs; erecting flat pack furniture; minor plumbing; hanging curtains; garden maintenance etc.

Contact: Angie Smith
Keighley & District Volunteer Centre,
8-10 North Street,
Keighley,
BD213SE
Tel: 01535 609506

Be Wise advice

We support residents with a range of free services relating to benefits and entitlements, energy switching, home adaptations and contents insurance. We can also assist those considering moving into a Hanover estate.

Tel: 0800 023 4477 (*freephone) or 01480 224 753

*Calls are free from landlines but you may be charged if you call from a mobile, depending on your call plan. Lines are open Monday to Friday between 9am and 5pm.

Hanover Housing Association

Housing, Advice and Support for people 55 and over. www.hanover.org.uk

General enquiries

Office hours: Monday to Friday, 9am to 5pm

Tel: 01480 475 069

Email: general.enquiries@hanover.org.uk

Lettings enquiries

Office hours: Monday to Friday, 9am to 5pm

Tel: 0800 280 2575 (freephone)

Calls are free from landlines but you may be charged if you call from a mobile, depending on your call plan.

Email: lettings&enquiries@hanover.org.uk

Driving Miss Daisy—Companion Driving Service

Want to get out and about?

It's so much more than help travelling from one place to another. Driving Miss Daisy is a comprehensive transport service that enables you to enjoy your life. The perfect choice if you...

- **Would like to go shopping or have several stops to make**
- **Have a hospital, doctor's or other appointment to keep**
- **Are visiting the hairdresser or a friend**
- **Would like to go on a social outing with others**
- **Are looking for a friendly & reliable driving service for the elderly**

Ring Martin and Sally for Keighley and surrounding areas, 0333 014 6211

We're family when family can't be there.

DBS checked, Dementia Friend,

First-Aid trained, Fully Licensed,

Manual wheelchair accessible.

www.drivingmissdaisy.co.uk

Useful Contact Numbers

GP surgeries

Airedale Hospital

01535 652511

Farfield Group Practice

West Lane

Keighley BD21 2LD

Tel 01535 607333

Haworth Medical Practice

Heathcliffe Mews

Haworth BD22 8DH

Tel 01535 642255

Holycroft Surgery

The Health Centre

Oakworth Rd

Keighley BD21 1SA

Tel 01535 602010

Kilmeny Surgery

50 Ashbourne Rd,

Keighley BD21 1LA

Tel 01535 606415

Oakworth Medical Practice

3 Lidget,

Oakworth BD22 7HN

Tel 01535 643306

Chemists

Boots Pharmacy

48 Ashbourne Rd

Keighley, BD21 1LA

Tel 01535 609608

J.S. Langhorne

99 Lidget

Oakworth, BD22 7HN

Tel 01535 643162

J. S. Langhorne

21-23 Mill Hey

Haworth, BD22 8NQ

Tel 01535 642248

Keighley Health Centre Pharmacy

Oakworth Rd

Keighley, BD21 1SA

Tel 01535 606169

Olive Late Night Pharmacy

7 Broomhill Ave

Keighley, BD21 1ND

Tel 01535 603529

Oxenhope Pharmacy

36 Station Rd

Oxenhope, BD22 9JJ

Tel 01535 649308

Age UK: 01274-395144

To request a home fire safety check (together with free smoke alarm, including special appliance for the hard of hearing), contact West Yorkshire Fire Service on 0800 5874536

Access Bus: 0113 -3481903

Bradford Council: 01274 -431000 general enquiries, email council.contact@bradford.gov.uk or visit bradford.gov.uk

Crime Prevention Officer:

For a non-emergency call to the Police, and advice on home security, call 101 and ask for your local Crime Prevention Officer.

Social Services Access Point:

01274 - 435400

**The wording in this publication can be made available
in other formats such as large print and Braille.
Please call 01535 618008.**