

Supported Living



We can provide support so you can live in your own home. We call this Supported Living.

Supported Living is for people with learning disabilities, mental health and neuro-diversity problems, who want to live as independently as possible.



Independent living is living in your own home where support can be available up to 24 hours a day, 7 days a week.

We provide a range of support to suit different levels of needs. You will be encouraged to make your own choices about daily living.



We can provide support to help you do lots of things like:

- managing your money
- cooking and shopping
- staying healthy
- getting out and about

How does Supported Living work?



To understand how much support you need we will carry out a Care Act assessment.



The assessment will focus on working with the person to find the things you're good at, what your needs are and what we need to do in the future.



We will also take into account the importance of community led support.



If we agree Supported Living is the right option for you, we will help you choose:

- Who you would like to live with: you can live on your own or share with others
- Who provides your support: you can choose your support provider
- Where you live: you can live in a flat or a shared house



How much will I pay?

What you pay depends upon:

- how much support you need
- how much money you have
- everyone may not pay the same amount



For more information

Please contact the Independence Advice Hub on 01274 435400.