



Bradford Aquatics Competition Programme

It is requested that parents will:

1. Not distract the coaches whilst they are coaching whether it is verbally or by entering the poolside area. Please use the contact details provided to arrange a suitable meeting between yourself and the coach.

2. Support the coaches and all other Swimmers/Divers within the scheme or club whether at training or at competitions. (Every swimmer/Diver has the right to achieve his/her potential and this is one of Bradford Aquatics Competition Programmes' major focuses).

3. Let the coach be the coach and refrain from passing on technical information to Swimmers/Divers, whether this is at training or at competitions. Swimmers/Divers do find it confusing when being told conflicting information from parents and this inevitably causes conflict between Coach, Swimmer/Diver and Parent. Mixed messages may destabilise the bond between Coach and Swimmer/Diver, which is a strong one. This is not the desired effect any of us are trying to achieve. This will not help your child even if your intent is positive. This action undermines the coach.

The coach is the qualified person to pass on such information.

4. Ensure Swimmers/Divers are on time for training sessions as best they can.

5. Support their children by letting them be responsible for packing their own kit and carrying their own kit bags. This also helps them be a little more independent and helps them greatly when you are not there to do this, examples being- whilst on training camps/trips etc.

6. Use appropriate and acceptable language when communicating with the Bradford Aquatics staff team. Rudeness, violence or aggression towards the staff will not be tolerated.



Code of conduct

Swimmers and divers will:

1. Conduct themselves in a responsible and appropriate manner in training and will also demonstrate this whilst in any facility that the Swimming or Diving Training Scheme uses.
2. Respect the facilities and equipment in any establishment that the competition scheme uses.
3. Show respect for all Coaches of the scheme.
4. Listen to the instructions of the Coaches whilst in or out of the water. (Holding your own conversations or interrupting when a Coach is talking is not acceptable).
5. Complete all water based and land training sessions as directed by the squad coach to the best of their ability. (If a Coach believes a Swimmer/Diver is not working to the best of their ability without good reason then the Swimmer/Diver will be asked to leave the session).
6. Attend the required number of weekly sessions as determined by the squad criteria's or as by directed by the Senior Coach. (School exams and illness will be taken into consideration with this issue).
7. Be prepared for each session as stated in the squad criteria's.
8. Seek the permission of the Coach before leaving the water during sessions.
9. Will visit the toilet before sessions if needed. Except for extreme cases Swimmers/Divers will not be allowed to visit the toilet during sessions. This is time consuming, disruptive and unfair to both other Swimmers/Divers and Coaches.
10. Show appropriate Pool & Lane discipline whilst in the water. Remaining in the Diving Pit following execution of Dives, Chamois Throwing, Sitting on Poolside/Lane ropes, Disrupting other squads / Squad members or standing on kick boards is not appropriate discipline.
11. Be respectful of other Swimmers/Divers in the scheme. Bullying within the scheme in any form will not be tolerated. (All Scheme Coaches own an incident book and any incidents of bullying will be recorded on an ongoing basis. Swimmers/Divers could be banned from training or even expelled from the scheme if any bullying is proved. These instances will be the responsibility of the Head/Senior Coach and/or the Principle Swimming Development Manager to investigate).
12. Encourage and support other Swimmers/Divers pre, during and post training and at competitions.
13. Will not use any illegal or banned performance enhancing materials.